LSUHSC Child & Family Counseling Clinic

Spring 2021 Wednesday Webinar Series

12-1pm

January 13, 2021

Krystal Vaughn, Ph.D. LPC-S, Registered Play Therapist—Supervisor

Parenting Consults-Basic Parenting Skills in Times of Crisis

Register in advance for this webinar:

Overview: This webinar will present basic parenting skills and how each may be used in times of uncertainty. This workshop will provide attendees with an overview of the benefits of parent consultation and how consultation may be provided via telehealth. Tips will be shared for how to ensure your parent consults are successful via telehealth Finally, this workshop will provide attendees with basic parenting skills to teach or reinforce to parents to facilitate their child's development and growth.

Objectives:

- 1. This workshop will provide attendees with an overview of the benefits of parent consultation.
- 2. This workshop will provide attendees with alternative consultation options, such as telehealth.
- 3. This workshop will provide attendees with basic parenting skills to teach or reinforce to parents to facilitate their child's development and growth.

LCA Content Areas: Human Growth & Development, Appraisal of the Individual

APT Competencies: n/a

January 20, 2021

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist—Supervisor *Filial Therapy*

Register in advance for this webinar: <u>zoom link here</u>

Overview

Developed in the 1960s by Bernard and Louise Gurney, Filial Therapy is a closely related form of child-centered play therapy that involves the parents or caregivers directly as the agents of therapeutic change. This webinar will present an overview of Filial Therapy and its goals, objectives, and techniques used to strengthen the child parent relationship.

Objectives:

- 1. Participants will discuss the use of Filial Therapy.
- 2. Participants will review the goals, objectives, and goals of Filial Therapy.
- 3. Participants will discuss the use of Filial Therapy with children and parents to strengthen their relationship.

LCA Content Areas: General

APT Competencies: General

January 27, 2021

Kellie Giorgio Camelford, Ph.D., LPC-S, NCSC, NCC, PMH-C, PCIT Therapist, Registered Play Therapist

Beyond the Baby Blues Part 1: Diagnosing Perinatal Mood and Anxiety Disorders (PMADs)

Perinatal mood and anxiety disorders may affect women of all ethnicities, ages, religions, and socioeconomic status levels. Perinatal symptoms may appear any time during pregnancy and/or within a year after delivery. Although most people refer to sadness after birth as the "baby blues" or "postpartum depression," there are several forms of disorders that women may experience related to the perinatal time period.

Objectives:

- 1. Attendees will learn the various symptoms and understand the differential diagnosis of prenatal and postpartum depression, anxiety, panic disorder, OCD, PTSD, bipolar disorders, and psychosis.
- 2. Attendees will review and consider assessment tools to utilize when diagnosing perinatal mood and anxiety disorders.
- 3. Attendees will practice diagnosing for PMADs through case study examples.

LCA Content Areas: Diagnosis APT Competencies: N/A

February 3, 2021

Krystal Vaughn, Ph.D. LPC-S, Registered Play Therapist—Supervisor

Telehealth Supervision Activities: Engaging your Supervise Register in advance for this webinar:

zoom link here

This webinar will present attendees with an overview of how to incorporate playful activities in supervision when using a virtual platform. The webinar will review theoretical rationales for the use of play-based activities in supervision. Attendees will also gain awareness of how activities used in supervision may parallel the use of activities in sessions with children.

Objectives:

- 1. Attendees will gain understanding of the activities available for telesupervision.
- 2. Attendees will review the theoretical rationales for the use of play based activities in supervision.
- 3. Attendees will demonstrate how to incorporate activities through a telehealth platform.

LCA Content Areas: Supervision APT Competencies: N/A

February 10, 2021

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist—Supervisor *Child Parent Relationship Therapy*

Register in advance for this webinar: <u>zoom link</u>

Overview

Child-Parent Relationship Therapy is a play-based treatment program for young children presenting with behavioral, emotional, social, and attachment concerns. This webinar will present the goals, objectives, and techniques used in CPRT as well as the tenets of CPRT which focus on the overall goal to strengthen the quality of the parent-child attachment bond.

Objectives:

- 1. Participants will review the Child Parent Relationship Therapy model (CPRT).
- 2. Participants will review the overall goal, enhancement of the child parent relationship, of CPRT.
- 3. Participants will discuss the goals, objectives, and techniques of CPRT.

LCA Content Areas: General

APT Competencies: General

March 10, 2021

Krystal Vaughn, Ph.D. LPC-S, Registered Play Therapist—Supervisor

Organizing the Supervisory Process and Supervision Interventions

Register in advance for this webinar:

zoom link here

Attendees will discuss site selection, communication with potential supervisees/recent graduates, interview process, orientation, and role induction. Ongoing communication with supervisees is an important process, learn how to proactively structure the session. Determine which interventions and techniques you will use as a supervisor (e.g. self-report, process notes, audiotapes, reflections, or live observations).

- 1. Objectives: Attendees will discuss site selection, communication with potential supervisees/recent graduates, interview process, orientation, and role induction.
- 2. Participants will identify how they will provide ongoing communication with supervisees, how this is an important process, learn how to proactively structure the session.
- 3. Participants will determine which interventions and techniques you will use as a supervisor (e.g. self report, process notes, audiotapes, reflections, or live observations.

LCA Content Areas: Supervision

APT Competencies: n/a

March 17, 2021

Kellie Giorgio Camelford, Ph.D., LPC-S, NCSC, NCC, PMH-C, PCIT Therapist, Registered Play Therapist

Beyond the Baby Blues Part 2: Interventions for Perinatal Mood and Anxiety Disorders (PMADs)

The purpose of this presentation is to educate clinicians regarding the available interventions and theories related to the perinatal period and emphasize the importance of counseling treatment during the perinatal period. A brief overview of perinatal mental health will highlight the high hormonal changes and fluctuations that occur during and after childbirth that may cause mothers to feel intense moods which may turn into disorders. The presentation will review Cognitive Behavioral Therapy (CBT) and Interpersonal Therapy (IPT) as two theoretical approaches that have supported evidence related to the treatment of PMADs with example of interventions.

Objectives:

- 1. Attendees will learn the basic tenets of Cognitive Behavioral Therapy and Interpersonal Therapy and how these theories may be customized to the perinatal population in counseling treatment.
- 2. Attendees will review and discuss specific interventions and activities
- 3. Attendees will practice diagnosing for PMADs through case study examples.

LCA Content Areas: Counseling Theory, The Helping Relationship APT Competencies: N/A

March 24, 2021

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist—Supervisor "Building Relationships from the Inside Out" - The Power of Theraplay

Register in advance for this webinar: <u>zoom link</u>

Overview

Theraplay is a form of parent-child psychotherapy that targets children ages 0-18 who demonstrate the following behaviors: withdrawn, depressed, noncompliant, regulatory problems, attention deficit hyperactivity disorder (ADHD), or attachment issues/complex trauma. Core components, including the use of structure, engagement, nurture, and challenge to the child, qualities which are also inherent in parent-child relationships will be presented as well as goals, objectives, and techniques of Theraplay.

Objectives:

- 1. Participants will discuss the use of Theraplay with children and parents.
- 2. Participants will review goals and objectives of Theraplay.
- 3. Participants will discuss Theraplay techniques used with children and parents.

LCA Content Areas: General

APT Competencies: General

April 21, 2021

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist—Supervisor Family Play Therapy

Register in advance for this webinar: <u>zoom link</u>

Overview

Families often struggle with inner dynamics and external factors that cause disruptions within the family. This webinar will focus on the use of play therapy for the family. The merge of play therapy and family systems therapy will be presented, goals and objectives of family play therapy as well as techniques of family play therapy.

Objectives:

- 1. Participants will review play therapy and family systems theory.
- 2. Participants will discuss the use of family play therapy.
- 3. Participants will review family play therapy techniques.

LCA Content Areas: General

APT Competencies: General

April 28, 2021

Krystal Vaughn, Ph.D. LPC-S, Registered Play Therapist—Supervisor

Roles and Responsibilities in Supervision Register in advance for this webinar: zoom link here

Overview

Ever wondered, "whose job is it anyway"? This workshop will offer clinicians opportunities to explore the roles of a clinical and administrative supervisor. Participants will be encouraged to distinguish roles and relationships related to supervision. Participants will be introduced to the parallel processes occurring in the supervisory relationship.

Objectives:

- 1. Participants will identify the role of clinical supervisors
- 2. Participants will identify the role of clinical supervisors
- 3. Participants will distinguish roles and relationships related to supervision
- 4. Participants will gain knowledge on the parallel processes in the supervisory relationship

LCA Content Areas: Supervision

APT Competencies: n/a

May 5, 2021

Kellie Giorgio Camelford, Ph.D., LPC-S, NCSC, NCC, PMH-C, PCIT Therapist, Registered Play Therapist

Ethical Considerations in Teletherapy Supervision

Supervisors should provide supervision only after obtaining the education and training to ensure competence in this role, and only if they can devote the time to provide adequate oversight. Supervisors are ultimately responsible, both ethically and legally, for the actions of their trainees. Finally, supervisors have responsibilities to supervisees' current and future clients. These supervisory responsibilities have not changed, even though many have shifted to teletherapy and teletherapy supervision. The purpose of this webinar is to review standards for teletherapy supervision published by the LPC Board of Louisiana, as well to review the ACA Code of Ethics (2014) standards related to online supervision.

Objectives:

- 1. Attendees will review the LPC Board of LA statutes and definitions related to teletherapy and teletherapy supervision.
- 2. Attendees will review and discuss the ACA Code of Ethics (2014) standards related to online supervision and online counseling.
- 3. Attendees will review an ethical decision making model and a supervisee-supervisor case study to work through the ethical issue and consider possible solutions.

LCA Content Areas: Ethics, Supervision, Teletherapy APT Competencies: N/A

General Information

All LIVE Online Play Therapy Training Webinars are led by the LSUHSC Child & Family Counseling Clinic Faculty Clinicians: Dr. Erin Dugan, LPC-S, Registered Play Therapist Supervisor, Dr. Krystal Vaughn, LPC-S, Registered Play Therapist Supervisor, and Dr. Kellie Camelford, LPC-S, Registered Play Therapist (APT Approved Provider 07-203) will count for CONTACT training hours (click requirements here) with APT, NBCC, and LCA for LPC continuing education credit.

Louisiana State University Health Sciences Center-New Orleans Department of Clinical Rehabilitation and Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP #3058. Programs that do not qualify for NBCC credit are clearly identified. Louisiana State University Health Sciences-New Orleans Department of Clinical Rehabilitation and Counseling is solely responsible for all aspects of the programs.

The LSUHSC Child & Family Counseling Clinic is an APT Approved Provider #07-203 for continuing education. Programs that do not qualify for APT credit are clearly identified. Visit <u>a4pt.org</u> to learn more about APT (Association for Play Therapy).

The LSUHSC Child & Family Counseling Clinic is approved for LPC continuing educational opportunities through the Louisiana Counseling Association (LCA) upon an individual or series-based training basis. Most trainings are approved for LPC continuing education, but each individual or series training listing should be reviewed to identify the type and amount of continuing education offered. Visit lacounseling.com to learn more about LCA (Louisiana Counseling Association).

Registration

To register for a training, simply pay online with PayPal – we accept credit cards through a secure PayPal transaction. You will have to set up a PayPal account in order to register. View each training listed for specific information about registering for the training. Each training is \$30.00, and the participant will receive 2.0 CEU after completion of training evaluation. You may also call our office 504-556-3453, or print, complete, and mail the Registration Form with payment to our office.

LSUHSC Child & Family Counseling Clinic 411 S. Prieur Street, Suite 307 New Orleans, LA 70112 (504) 556-3453 (phone), (504) 556-7540 (fax) Email: <u>cfcc@lsuhsc.edu</u>

Cancellation and Refund Policy

For trainings hosted by the LSUHSC Child & Family Counseling Clinic, registration for trainings may be cancelled with a full refund up to 24 hours after registration/payment has been made. Registrations cancelled after that time will not receive a refund, but participants may obtain credit for a future training hosted with the same trainer.

Complaint Policy

If a registrant or potential registrant would like to express a concern about his/her experience with an LSUHSC Child & Family Counseling Clinic sponsored event, he/she may call or email the LSUHSC Child & Family Counseling Clinic office <u>cfcc@lsuhsc.edu</u> (504) 556-3453. Although the LSUHSC Child & Family Counseling Clinic does not guarantee a particular outcome, the individual can expect us to consider the complaint, make any necessary decisions and respond within 2 weeks.



For a review of LCA training requirements please <u>click here</u>.



For a review of APT training requirements please <u>click here</u>.

For a review of NBCC training requirements please <u>click here</u>.



About the Presenters

Erin Dugan, PhD is a Licensed Professional Counselor-Supervisor and a Registered Play Therapist-Supervisor specializing in children (ages 2-12), attachment disorders, and child-parent relationship therapy including filial therapy and family play therapy. In addition to her clinical work, Dr. Dugan is a Professor in the Department of Clinical Rehabilitation and Counseling at the Louisiana State University Health Sciences Center – New Orleans and serves as the Interim Department Head of the Department of Clinical Rehabilitation and Counseling as well as the Associate Dean of Academic Affairs in the School of Allied Health Professions at LSUHSC. With nearly 15 years of experience as a Registered Play Therapist, she is recognized as a leader in the field of play therapy, presenting both nationally and internationally at professional conferences and publishing scholarly works on the subject. Dr. Dugan is a current member of the American Counseling Association, the International Association of Play Therapy, and many other professional organizations in the field. She has served on several committees and most recently serves as the Chair Elect of the Association of Play Therapy's Board of Directors.

Kellie Giorgio Camelford, Ph.D., LPC-S, NCC, NCSC, Registered Play Therapist, PCIT-Certified is a Licensed Professional Counselor-Supervisor specializing in parenting, women's issues, children and adolescents. She received specialized training in the fields of play therapy, school counseling, parenting, and perinatal mood disorders. As an Assistant Professor at Louisiana State University Health Sciences Center – New Orleans she enjoys teaching and supervising students, as well as providing clinical and community services. Based on her teaching efforts, she was awarded the Dr. Allen A. Copping Award for Excellence in Teaching in 2019. Her research interests include ethical issues in counseling and supervision. Prior to teaching, Dr. Camelford was a professional school counselor at a local parochial high school in New Orleans, and a private practitioner. Furthermore, she serves on various boards and committees within the University, profession, and larger community to promote professionalism in the fields of counseling and supervision.

Krystal Vaughn, PhD, LPC-S, Registered Play Therapist—Supervisor, NCC is a Licensed Professional Counselor-Supervisor specializing in children ages 2-12. As an Associate Professor at Louisiana State University Health Sciences Center – New Orleans she enjoys teaching as well as providing clinical services. Her research interests are supervision, play therapy, and mental health consultation. Dr. Vaughn has extensive experience providing mental health consultation in childcare centers, private schools, and local charter school systems. Dr. Vaughn also provides supervision to counselor interns seeking licensure as professional counselors. She received specialized training in the fields of infant and early childhood mental health and play therapy, which she presents on locally and nationally. Additionally, she serves on numerous boards and committees to promote professionalism in the fields of play therapy and clinical supervision.